Vibrant life
BE VIBRANT. BE YOU.

December 2018
Monthly Calendar

Have fun and work hard.
-ISL Culture Keeper

Resident Birthdays

Dec. 23 Ken D.
Dec. 27 Dr. Lim

Activities are subject to change, please see Daily Schedule for updates.
-Vibrant Life Team

the OAK COTTAGE of santa barbara
memory care

- Be Adventurous
- Be Challenged
- Be Connected
- Be Family
- Be Inspired
- Be Social
- Be Well

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
December cont'd **30** 10:00 Morning Exercises [OV] 10:30 Morning Snack 10:45 Spelling Bee 11:00 Walking with Wade 11:30 Dance Party! [OV] 1:00 Communion Service- GV [GV] 1:30 Arts and Crafts [OV] 2:00 Board Games and Puzzles [OV] 2:30 PM Snack/Tea Time 2:45 Getting to Know You (One Day App) [OV] 2:45 Walking with Wade 3:00 Movie Night [OV]	**New Year's Eve** **31** 10:00 Morning Exercises [OV] 10:30 Morning Snack 10:45 Poetry Corner [OV] 11:00 Walking with Wade 11:15 Fun with Synonyms [OV] 12:00 Lunch at the front porch [FP] 1:15 Music & Memory (iPods) [OV] 2:00 Simon Says [OV] 2:30 PM Snack/Tea Time 2:45 Nature Walk 2:45 Walking with Wade					**1** 10:00 Morning Exercises [OV] 10:30 Morning Snack 11:00 I Spy 11:30 Bible Study [OV] 1:30 Flower Arranging [OV] 2:00 Senior Trivia [OV] 2:30 PM Snack/Tea Time 3:15 Nature Walk 3:30 BINGO Fun! [OV]
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Ken's Birthday! **23** 10:00 Morning Exercises [OV] 10:30 Morning Snack 10:45 Spelling Bee 11:00 Walking with Wade 11:30 Dance Party! [OV] 1:00 Communion Service- GV [GV] 1:30 Arts and Crafts [OV] 2:00 Board Games and Puzzles [OV] 2:30 PM Snack/Tea Time 2:45 Getting to Know You (One Day App) [OV] 2:45 Walking with Wade 3:00 Movie Night [OV]	**Christmas Eve** **24** 10:00 Morning Exercises [OV] 10:30 Morning Snack 10:45 Poetry Corner [OV] 11:00 Walking with Wade 11:15 Fun with Synonyms [OV] 12:00 Lunch at the front porch [FP] 1:15 Music & Memory (iPods) [OV] 2:00 Simon Says [OV] 2:30 PM Snack/Tea Time 2:45 Nature Walk 2:45 Walking with Wade 3:30 Music with Gem [OV]	**Christmas Day** **25** 8:00 Breakfast Bunch [OV] 10:00 Morning Meditation [OV] 10:30 Morning Snack 10:30 Music with Candace [SV] 1:30 Sing-Along with Edgar [OV] 2:00 Arts and Crafts [OV] 2:30 PM Snack/Tea Time 3:30 PM Nature Walk [GV]	**26** 10:00 Music of Our Lives & Times [OV] 10:30 Morning Snack 11:00 Walking with Wade 11:20 Nature Walk 12:00 Lunch at the front porch [FP] 1:30 BINGO fun! [OV] 2:00 Painting Therapy [OV] 2:30 PM Snack/Tea Time 2:45 Walking with Wade 3:00 Rhyming Game [OV] 3:30 PM Nature Walk	**Dr. Lim's Birthday!** **27** 8:00 Breakfast Bunch [OV] 9:00 Salon Services [SV] 10:30 Morning Nature Walk [OV] 10:30 Morning Snack 11:00 Walking with Wade 1:15 Music & Memory (iPods) [OV] 1:30 Comedy Hour [OV] 2:00 Creative Writing [OV] 2:30 PM Snack/Tea Time 2:45 Walking with Wade 3:15 Nature Walk	**28** 9:45 Morning Exercises [OV] 10:30 Morning Snack 11:00 Sing-Along [OV] 11:30 Basketball Challenge [OV] 1:30 Walk in the Park 2:30 PM Snack/Tea Time 2:45 Craft time! 3:30 Getting to Know You (One Day App)	**29** 10:00 Morning Exercises [OV] 10:30 Morning Snack 11:00 I Spy 11:30 Bible Study [OV] 1:30 Flower Arranging [OV] 1:30 Scenic Drive 2:00 Senior Trivia [OV] 2:30 PM Snack/Tea Time 3:15 Nature Walk 3:30 BINGO Fun! [OV]

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